



## Called to Protect™

Safe Environments Program for Catholic Dioceses and Schools

**PRAESIDIUM**  
Our passion. Your protection.





## Called to Protect™

Praesidium is pleased to announce Called to Protect™, the most up-to-date, comprehensive safe environments program available today, exclusively for Catholic ministries, parents, youth, and young children. Featuring an introduction by Bishop Gregory Aymond, Chairman of the USCCB Committee for the Protection of Children and Young People, this four-part multi-media series builds on the latest abuse prevention research and Praesidium's two decades of experience working with dioceses, religious, schools, YMCAs, camps, childcare, youth sports, and social service programs.

Designed to help dioceses fulfill the training requirements of the Charter, each of the four parts reaches a specific audience—parents, employees and volunteers, teens, and young children—and teaches them exactly what they need to know.

## Why Change to Called to Protect™?

If you're already using a Safe Environments Program, you're probably asking, "Why should I change now to Called to Protect™?" Consider these important facts about Called to Protect™:

- **Just released!** It includes only the most up-to-date scientific information, representing the next generation in abuse prevention training.

- Concepts are consistent with Catholic teachings.
- Most comprehensive program of its kind: all four parts fit together to communicate a shared understanding among parents, employees and volunteers, teens, and young children.
- Only program with a component exclusively for middle- and high-school aged youths.
- First program with a component for young children based on child development research.
- Extensively field-tested in the Catholic community.
- No costly, on-going user fees.
- No mandatory on-line training.

## New Information!

The complete **Called to Protect™** series includes four parts, including the first-ever program specifically for Catholic middle- and high-school aged youths, and an innovative new program for elementary-aged children based on the latest child development research. Praesidium experts carefully developed the content and conducted extensive nationwide field testing to ensure that each part is informative, well-received, and effective.

Part One, **Called to Protect™ for Ministries**, teaches pastors, directors of religious education, catechists, volunteers, and other adults in positions of trust with minors Praesidium's five-step approach to operating safe church programs.

Part Two, **Called to Protect™ for Parents and Families**, teaches parents what they must know to protect their own children. They learn what to watch for and the actions to take if they see something of concern. They also learn how to begin communicating with their own children about their bodies and how to keep them safe.

Part Three, **Called to Protect™ for Youth**, teaches middle- and high-school kids about boundaries, how to respond if someone tries to violate their boundaries, and how to tell their parents if they or their friend have been abused.

Part Four, **Called to Protect™ for Young Children**, teaches age appropriate information to children in elementary school. They learn rules about protecting their bodies and what to do if someone tries to break the rules. The content and teaching methods use the latest child development research to ensure their effectiveness.

### **New Multi-Media Training Methods!**

Each part includes a professionally produced video that uses interviews with Catholic leaders, child development experts, child molesters, and

young victims of abuse; guided group discussion led by a Praesidium-certified trainer; a comprehensive manual for trainers; and illustrated materials for participants.

Called to Protect™ includes dynamic on-site training for trainers. You select members from your diocese to participate in training sessions led by a Praesidium expert. During the sessions, participants discuss the content covered in each of the four parts of Called to Protect™ and how to apply it in church programs and in families. They learn extensive supplemental information about how to prevent child sexual abuse, the questions most frequently asked during Called to Protect™ workshops, and how to manage difficult situations they may encounter as trainers. Finally, they practice important teaching skills and demonstrate mastery during role-play exercises.

### **Get Started Now!**

As soon as your trainers complete Praesidium's Train the Trainers' workshop, they may start offering Called to Protect™ workshops for church leaders, parents, youth, and young children. Praesidium provides on-going technical consultation to your trainers to help them get off to a good start and to answer their questions. We also remain available should they need technical information about the content included in Called to Protect™. Your trainers will have everything they need: DVDs, comprehensive Trainer's Manual,

illustrated workbooks for participants, completion certificates, and access to Praesidium experts.

**Use All Four Parts or Any Combination!**

Each of the four parts of Called to Protect™ includes specific teaching points designed for a target audience. This ensures that participants use their time wisely, stay engaged and active, and learn exactly what they need to know. A diocese may choose to use the entire program or any combination of the four parts.

## Called to Protect™ for Ministries

Those in church leadership carry a special duty to see that all church employees and volunteers are



suitable to be in positions of trust with minors and that all church sponsored activities and programs ensure the safety of program participants. Called to Protect™ for Ministries teaches Praesidium's five-

step model for keeping parishes safe.

**Step One: Screening.** What to look for on an application, how to get useful information from references, the importance of sex offender and criminal background checks, and questions to ask during interviews.

**Step Two: Interacting.** How to use policies to define acceptable verbal and physical interactions between adults and children and how to identify interactions that could indicate a child may be at risk or already being abused.

**Step Three: Monitoring.** Why child molesters need privacy and how to monitor high risk building locations, activities, and interactions between adults and children and between children.

**Step Four: Training.** What church leaders, parents, and youth need to know to

contribute to creating and maintaining safe environments and how abuse affects children, their parents, and those who serve and care for them.

**Step Five: Responding.** Understand the difference between suspicious or inappropriate interactions and allegations of abuse, and how to respond in ways that respect the rights of everyone while complying with the law.

## Called to Protect™ for Parents & Families

This part of Called to Protect™ is designed exclusively for parents. It recognizes that parents are the first and foremost protectors of their children and it gives them the skills and information they need to fulfill this important mission. Parents learn:

- How to recognize interactions between adults and children that may be inappropriate or put a child at risk for abuse.
- How to respond if they see something of concern.



- Signs to watch for that could indicate a child has been abused.
- Skills to begin teaching their own children how to protect themselves from abuse.

Most importantly, parents and families can use the skills and information they learn to keep their children safe in environments such as school, child care, and sports programs.

### **Called to Protect™ for Youth**

Before the age of 18, one in four girls and one in eight boys will be sexually abused. And starting at



about fifth grade, they can be especially vulnerable.

That's when they start spending more time away from their parents, their curiosity about sexual development increases, and they start testing limits and

taking risks.

Hosted by two engaging young adults, Katie and Szucceed, this three part series teaches kids in middle and high school:

- Their three types of boundaries—physical, emotional, and behavioral.
- How molesters try to violate their boundaries.

- Ways to make molesters stop violating their boundaries.
- Methods child molesters use to keep kids from telling.
- The words to tell their parents or another trusted adult if someone is abusing them or one of their friends.

## Called to Protect™ for Young Children

We all understand the importance of teaching children rules, rules about everything from how to play nicely with one another to how to cross the street safely to how to show respect to their elders.

Called to Protect™ for Young Children extends this common practice to teach young children rules about their bodies.



The program includes a wide range of activities for children of different age groups and detailed instructions for educators and parents.

Unlike many commercially available children's programs, Called to Protect™ for Young Children teaches only age-appropriate concepts, consistent with what child development experts say children can understand, learn, and use.

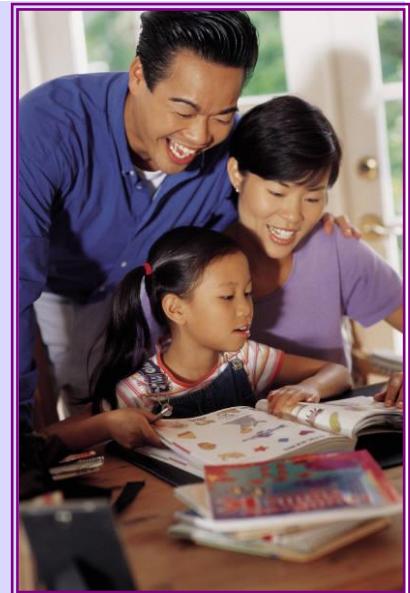
### Here's What Called to Protect™ Participants Say!

*"We found the materials to be clear, precise and easy-to-train."*

*"Our audiences have said they really appreciate how practical the suggestions are."*

*"We are truly grateful for the time Praesidium takes to help us implement our programs at every level. They are extremely helpful."*

*"Called to Protect™ is the only program that really speaks to the role of parents in keeping kids safe. That has been very important to us in our diocese."*



## **Armatus®: An Added Bonus!**

Dioceses that use Called to Protect™ may subscribe to Armatus®, Praesidium's Internet-based abuse risk management training, at a substantially reduced cost.

Armatus® offers on-line courses covering a wide range of topics from in-depth supplemental information for Called to Protect™ users, to bullying and hazing in school, how to investigate reports of suspicious behavior or allegations of abuse, and sexual harassment in the workplace.

Each 30-to-45 minute course uses extensive interactivity, video-clips, compelling graphics, and sound effects to fully engage participants and ends with a brief quiz.

Armatus® also includes a user-friendly on-line database that permits dioceses to easily and instantly keep track of who has completed Called to Protect™ or Armatus® training, whether criminal background and sex offender checks have been completed, and whether references have been checked.

**A R M A T U S**®

## Called to Protect™ Components

The comprehensive Called to Protect™ program comes with:

- Thirty (30) complete sets of materials for each of the four parts: Called to Protect™ for Ministries; Called to Protect™ for Parents and Families; Called to Protect™ for Youth; and Called to Protect™ for Young Children, including:
  - DVDs or videotapes
  - Comprehensive Trainer's Manual
  - Two year license to reprint unlimited copies of Participant Workbooks
  - Certificates of Completion
  - Four days of on-site Training for Trainers
- Single point of contact for technical and service issues, available via telephone, e-mail, and fax.

### Contact Praesidium

We're happy to answer any questions you may have about Called to Protect™. Contact Praesidium today at **800.743.6354** or **info@PraesidiumInc.com**.





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